

# Necklift

## What is necklift?

A necklift surgically repositions and tightens the tissues and muscles beneath the chin to achieve a firm sharp neck curve at the point where the neck meets the jaw. The skin on the neck itself is usually very fine and open to the elements as we grow up. Hence the skin becomes crepe-like and loose, sagging downwards to form multiple rings around the neck. The surgeon lifts this skin, and excises any other extra skin to tighten the chin.

## Do I need a necklift?

Changes to the skin of the neck and the resulting folds are the first tell tale signs of ageing for many people. This can occur in the early 40's and can be quite distressing as it can't be hidden and does not respond to skin and other non-surgical rejuvenating treatments hence surgery is usually the only option.

If you have developed a loose sagging fold, or series of folds under your chin and your neck no longer has definition under the chin then it may be time to consider a necklift. For some people the neck skin gets a crepe-like texture with rows of creases down the neck which look as if the neck has been ringbarked multiple times. Many of us are so self conscious about our necks that we often see women wearing polo necked tops and scarves to hide their necks, even in a heatwave.

## What is the best age to have a necklift?

The true answer is there is no best time, it's about when you really can't stand to look at your neck anymore.

## Will it last?

You will always have the advantage of the surgery although some softening will probably occur over years because you will continue to age.

## How much does a necklift cost?

**from \$7990**

(including surgeon, anaesthetic and hospital costs) depending on how much there is to be done.)

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