

# Breasts Reductions and Lifts

## Breast Reduction

Many women needlessly suffer back and shoulder pain associated with large, pendulous breasts. These women often suffer chronic irritation of the skin beneath the breasts and shoulder grooves from bra straps. Women with heavy breasts can be physically disabled, socially embarrassed and suffer mental anguish.

Breast reduction is usually overnight surgery and a Medicare rebate is available. Most patients return to normal activities within two to three weeks.

Pain is minimal following breast reduction surgery. Our patients are usually so happy once the weight is removed they hardly notice any discomfort. The breasts will swell a certain amount, a mild bruising in the area is often noted.

The most common Breast Reduction technique used world wide is the "Robbins Inferior Pedicle Technique. The British Society of Plastic and Reconstructive Surgery recently conducted a survey of breast reduction surgeons and they found 79% of all procedures worldwide are done using the "Robbins Inferior Pedicle Technique". You can consult with Mr Tom Robbins at Medici.

**from \$10,500** (add \$3,000 if not privately insured)

## Breast Lift

Some women experience sagging and drooping of the breasts after child bearing, from weight loss, or as a result of premature aging. The skin and ligaments that support the breast begin to stretch, and the breast loses its youthful shape and becomes droopy.

Breast lift or "mastopexy" involves moving the nipple and breast tissue to a higher position by removing excess skin from the lower part of the breast. As a result, scars will be around the nipple area and below the breast.

The procedure may be performed as day surgery, however an overnight stay is sometimes recommended.

**from \$9,500** (add \$3,000 if not privately insured)

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# Breasts Reductions and Lifts Cont.

## Breast Lift and Implants

This combination is often the procedure of choice for empty sagging breasts following weight loss and breast feeding.

from \$15,000

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