

Rhinoplasty for the nose

The most common thing we hear from those considering surgery to change their nose is “I absolutely hate my nose!” It is a love-hate relationship, and when it is a hate relationship it impacts severely on self esteem. The good news is that in the main most noses can be re-sculpted.

Nasal re-sculpting surgery is performed to improve the appearance of the nose in order to achieve a better harmony and balance of facial features.

A well-proportioned nose draws more attention to the eyes and face overall whereas a nose which is too large or broad may dominate the other facial features. Surgery usually lasts one to two hours, and is done under general anaesthesia.

While you will see a result within two weeks, healing is a gradual process. The skin must be given time to shrink and adjust to its new framework. How well this is accomplished largely depends on each patient’s healing ability. Nasal tip re-contouring can take up to 12 months to settle, depending on your skin type.

Even for patients with delicate skin, the tip of the nose will always take longer to settle into its new contour than the upper part. Swelling and bruising around the eyes (black eyes) may be present temporarily, but usually clears within ten days.

Very importantly when undergoing Rhinoplasty surgery, having realistic expectations of the outcome is key to being happy with the result.

from \$8,500 (add \$3,000 if not privately insured)

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COSMETIC SURGERY SPECIALISTS

Ph 03 9707 5799 Fax 03 9769 5899
Toll Free 1800 809 502

contact@mediclinics.com.au
www.mediclinics.com.au

Level 1 Berwick Specialist Suites,
50 Kangan Drive, Berwick VIC 3806

Beleura Consulting Suites, Beleura Private Hospital
925 Nepean Highway, Mornington VIC 3931